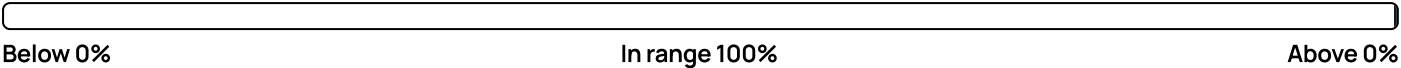


GLUCOSE REPORT FOR THE DOCTOR

Aanya, age 12
10 September to 9 October 2026 · 30 days · 21 readings · made on
9 October 2026

Range 80 to 180 mg/dL, as set in the app
Self-logged in Kulraise: finger-prick readings
entered by the family
Dated tables are listed newest first.

<div>AVERAGE</div> <div>133</div> <div>mg/dL</div>	<div>IN RANGE</div> <div>100%</div> <div>21 readings</div>	<div>BELOW 80</div> <div>0</div> <div>none</div>	<div>ABOVE 180</div> <div>0</div> <div>none</div>	<div>PER DAY</div> <div>0.7</div> <div>readings · 7 of 30 days logged</div>
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By time of reading

Check	Readings	Average	Lowest	Highest	In range	Below	Above
First thing (fasting)	7	105	102	108	7	0	0
At bedtime	7	135	132	138	7	0	0
After a meal, no check named	7	159	156	162	7	0	0
All checks	21	133	102	162	21	0	0

Week by week

Week	Readings	Average	In range	Below	Above
5 to 11 October	15	132	15 (100%)	0	0
28 September to 4 October	6	136	6 (100%)	0	0
21 to 27 September	0	—	—	—	—
14 to 20 September	0	—	—	—	—
7 to 13 September	0	—	—	—	—

The logbook: every reading, newest day first

58

below 80

196

above 180

All values in mg/dL

Day	First thing	Breakfast		Lunch		Dinner		Bed time	Other	Readings
		Before	After	Before	After	Before	After			
Fri, 9 Oct	102							132	156	3
Thu, 8 Oct	103							133	157	3
Wed, 7 Oct	104							134	158	3
Tue, 6 Oct	105							135	159	3
Mon, 5 Oct	106							136	160	3
Sun, 4 Oct	107							137	161	3
Sat, 3 Oct	108							138	162	3

Insulin**Every dose, newest day first**

No doses recorded in this period.

Every reading, newest day first

<div>58</div>	below 80	<div>196</div>	above 180	All values in mg/dL				
Time	mg/dL	Carbs	Insulin	Check	Meal before	Note from the family		
Fri, 9 Oct, 2026								
09:00 pm	132			At bedtime				
03:00 pm	156			After meals				
07:00 am	102			First thing (fasting)				
Thu, 8 Oct, 2026								
09:00 pm	133			At bedtime				
03:00 pm	157			After meals				
07:00 am	103			First thing (fasting)				
Wed, 7 Oct, 2026								
09:00 pm	134			At bedtime				
03:00 pm	158			After meals				
07:00 am	104			First thing (fasting)				
Tue, 6 Oct, 2026								
09:00 pm	135			At bedtime				
03:00 pm	159			After meals				
07:00 am	105			First thing (fasting)				
Mon, 5 Oct, 2026								
09:00 pm	136			At bedtime				
03:00 pm	160			After meals				
07:00 am	106			First thing (fasting)				
Sun, 4 Oct, 2026								
09:00 pm	137			At bedtime				
03:00 pm	161			After meals				
07:00 am	107			First thing (fasting)				
Sat, 3 Oct, 2026								
09:00 pm	138			At bedtime				
03:00 pm	162			After meals				
07:00 am	108			First thing (fasting)				

Readings typed in by the family. A log, not a medical device, and no dosing advice. Made by Kulraise on 9 October 2026.
Days: 2026-09-10 → 2026-10-09.